The Gemini Center

Keeping you healthy all summer long!

Program Guide
May – August 2016

21225 Lorain Road • Fairview Park • 440-356-4444
Dear Residents,

With spring and warmer weather just around the corner, The Gemini Center has been busy planning and is excited to bring you an assortment of warm weather programs. Softball, baseball, and soccer are just a few of the offerings you will find in this guide, along with swim lessons, group exercise and a variety of youth programs.

As our spring and summer sports seasons begin, we would like to take this opportunity to thank all of the coaches and others who volunteer their time to teach children to play sports. Without you, it would be impossible to deliver these programs to our youngest residents. We are most grateful to you and the sacrifices you make to help with this endeavor.

I look forward to seeing many of you at our Family Fun Summerfest celebration the weekend of July 7-10 and Food Truck Festival on August 6. Updated information on Gemini events and other activities can be found on the Gemini Center website (www.fairviewparkrec.com), Facebook (Fairview Park Recreation Department at the Gemini Center; City of Fairview Park) and Twitter (@Gemini_Center). Please sign up for our city newsletter at www.fairviewpark.org to receive updated city news along with a link to Summerfest activities. Happy Summer!

Sincerely,
Mayor Eileen Ann Patton

General Information

City Hall • 440-333-2200
20777 Lorain Road, Fairview Park, OH 44126
Facebook: City of Fairview Park

Senior Center • 440-356-4437
20769 Lorain Avenue, Fairview Park, OH 44126
(Located directly behind City Hall)

City Officials
Eileen Ann Patton .................................................................Mayor
Michael Kilbane .....................................................................Council President
Brian McDonough ..................................................................Ward 1
William F. Minek .....................................................................Ward 2
Paul Wojnar ................................................................................Ward 3
John M. Hinkel .........................................................................Ward 4
Angelo Russo ...............................................................................Ward 5
Peggy M. Cleary .........................................................................Council at Large
Liz Westbrook ............................................................................ Clerk of Council

Department of Recreation
Recreation Staff Extensions
Steve Owens, Director of Recreation..................................... 105
Mary Long, Office Manager...................................................... 106
Jack Abbruzzese, Facility Manager......................................... 102
Bob Benden, Program Coordinator ....................................... 103
Eric Dennis, Pool Manager...................................................... 104
Kim Kelly, Group Exercise Coordinator ................................. 118
Rental Coordinator .................................................................. 109
Front Desk .................................................................................. 101
Fitness Desk ............................................................................... 131
Kids Club ................................................................................... 128
Weather Line ............................................................................. Option 6

Parks & Commission
John Roach ............................................................................... Commissioner
Ron Benko .............................................................................. Vice Commissioner
Tom Herman ............................................................................... Chairman
Paul Wojnar .............................................................................. City Council Representative
John Shucofsky ............................................................... School Board Representative

The Gemini Center
21225 Lorain Road, Fairview Park, OH 44126
440-356-4444
Website: www.fairviewparkrec.com
Facebook: City of Fairview Park
Twitter: @Gemini_Center
Online registration: www.activityreg.com
(Additional parking is available in the back of the building with access off West 213th St.)

Hours of Operation:
September 1-May 31
Monday-Friday 5:30am-10pm • Pool closes at 9:30pm
Saturday 8am-7pm • Pool closes at 6:30pm
Sunday 10am-6pm • Pool closes at 5:30pm

June 1-August 31
Monday-Friday 5:30am-9pm • Pool closes at 8:30pm
Saturday 8am-7pm • Pool closes at 6:30pm
Sunday 10am-6pm • Pool closes at 5:30pm

Early closing: Evenings before Thanksgiving, Christmas, New Years.

Our Parks
Bain Park Cabin........... 21077 North Park Drive
Bain Park Pavilion ........21680 Eaton Road
Bohiken Park ............. 3885 West 210th Street
Morton Park .............. 22301 Morton Avenue
### Membership Prices for the 2016 Calendar Year

#### RESIDENT YEARLY RATES:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individuals (ages 19-59)</td>
<td>$110</td>
<td></td>
</tr>
<tr>
<td>Youth (ages 3-12)</td>
<td>$55</td>
<td></td>
</tr>
<tr>
<td>Student (ages 13-18)</td>
<td>$83</td>
<td></td>
</tr>
<tr>
<td>College Student (Full Time)</td>
<td>$94</td>
<td></td>
</tr>
<tr>
<td>Senior (60+)</td>
<td>$79</td>
<td></td>
</tr>
<tr>
<td>Toddler (2 and under)</td>
<td>FREE</td>
<td></td>
</tr>
<tr>
<td>Family (4 members)</td>
<td>$303</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$330</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$358</td>
<td></td>
</tr>
<tr>
<td>Resident Per Person Monthly</td>
<td>$25</td>
<td></td>
</tr>
</tbody>
</table>

#### CORPORATE YEARLY RATES:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individuals (ages 19-59)</td>
<td>$220</td>
<td></td>
</tr>
<tr>
<td>Youth (ages 3-17)</td>
<td>$110</td>
<td></td>
</tr>
<tr>
<td>Senior (60+)</td>
<td>$165</td>
<td></td>
</tr>
<tr>
<td>Family (4 members)</td>
<td>$605</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$660</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$715</td>
<td></td>
</tr>
<tr>
<td>Corporate Per Person Monthly</td>
<td>$35</td>
<td></td>
</tr>
</tbody>
</table>

#### Legacy Rates:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual</td>
<td>$435</td>
<td></td>
</tr>
<tr>
<td>(Additional member)</td>
<td>$545</td>
<td></td>
</tr>
<tr>
<td>Legacy Per Person Monthly</td>
<td>$45</td>
<td></td>
</tr>
</tbody>
</table>

#### 2016 Summer Pass for Non-Residents

- 250 summer non-resident memberships will be available on a first come, first served basis. All non-residents that apply MUST BE SPONSORED BY A CURRENT MEMBER OF THE GEMINI CENTER. Applications will be accepted beginning April 1, 2016, and will continue until all slots are full. Sponsor must be present at the time of application. This pass is valid from Memorial Day through Labor Day. Please keep in mind our annual shutdown scheduled for August.

### Fees:

- Individual: $220.00
- Youth (ages 3-17): $110.00
- Senior (60+): $165.00
- Family (4 members): $303.00
- Corporate Per Person Monthly: $35
- Legacy Per Person Monthly: $45

**All membership rules and regulations apply.**

### Refund Policy (for Programs and Activities)

Refunds (or credit, if preferred) will be issued if an activity is full or cancelled by the Recreation Department. Refund checks will be sent by the city’s Finance Office four to six weeks from program cancellation. All other refund requests MUST be submitted to the Recreation Director, IN WRITING, detailing the reason for the withdrawal, and must be accompanied by the original receipt. No other requests will be considered. Refund requests made before the registration deadline will be considered on a case by case basis. Refund requests made after the registration deadline will be approved for MEDICAL REASONS ONLY and a doctor’s written verification is required. Late registration and nonresident fees are not refundable. A $10.00 administrative fee will be deducted from all refunds unless program is cancelled. (The $10.00 administrative fee will be waived if the option of Department Credit is chosen. A credit remains in the computer indefinitely and can be used by anyone in the family for any future program expense.) The balance of the refund will be prorated based upon how long after the registration deadline the refund request is made.

### Other Important Information

#### Cancellation of Activities Due to Inclement Weather

Weather and Information Line: 440-356-4444, Option 6

Certain daytime (before 5pm) programs may be cancelled when Fairview Park Schools are closed due to inclement weather. Cancellation of evening programs (after 5pm) will be determined by 4pm at the discretion of the Recreation Department. The Aquatics area may be closed in the event of severe weather. Closing will be determined at the discretion of the Aquatics Director. The Recreation Department reserves the right to cancel classes due to low enrollment.
**Facility Rentals 2016**

**Hourly Rates**

For more information contact 440-356-444 ext. 109

**Maple Room**
(Seats 96 people with full-size catering kitchen)
Includes: microwave, convection oven, coffee maker, refrigerator, freezer, sink, icemaker

<table>
<thead>
<tr>
<th></th>
<th>Friday, Saturday &amp; Sunday</th>
<th>Monday-Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Member</strong></td>
<td>$40</td>
<td>$30</td>
</tr>
<tr>
<td><strong>Resident</strong></td>
<td>$60</td>
<td>$50</td>
</tr>
<tr>
<td><strong>Business</strong></td>
<td>$80</td>
<td>$70</td>
</tr>
<tr>
<td><strong>Non-Resident</strong></td>
<td>$80</td>
<td>$60</td>
</tr>
</tbody>
</table>

**Oak Room or Birch Room**
(Seats 96 people with kitchenette)
Includes: microwave, coffee maker, refrigerator, sink, counter space

<table>
<thead>
<tr>
<th></th>
<th>Friday, Saturday, Sunday</th>
<th>Monday-Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Member</strong></td>
<td>$35</td>
<td>$25</td>
</tr>
<tr>
<td><strong>Resident</strong></td>
<td>$55</td>
<td>$45</td>
</tr>
<tr>
<td><strong>Business</strong></td>
<td>$75</td>
<td>$65</td>
</tr>
<tr>
<td><strong>Non-Resident</strong></td>
<td>$75</td>
<td>$45</td>
</tr>
</tbody>
</table>

**Maple Room and Oak Room**
(Seats 160-180 people with kitchens)

<table>
<thead>
<tr>
<th></th>
<th>Friday, Saturday &amp; Sunday</th>
<th>Monday-Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Member</strong></td>
<td>$60</td>
<td>$50</td>
</tr>
<tr>
<td><strong>Resident</strong></td>
<td>$70</td>
<td>$60</td>
</tr>
<tr>
<td><strong>Business</strong></td>
<td>$90</td>
<td>$80</td>
</tr>
<tr>
<td><strong>Non-Resident</strong></td>
<td>$90</td>
<td>$80</td>
</tr>
</tbody>
</table>

**Oak Room and Birch Room**
(Seats 160-180 people with kitchens)

<table>
<thead>
<tr>
<th></th>
<th>Friday, Saturday, Sunday</th>
<th>Monday-Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Member</strong></td>
<td>$55</td>
<td>$45</td>
</tr>
<tr>
<td><strong>Resident</strong></td>
<td>$65</td>
<td>$55</td>
</tr>
<tr>
<td><strong>Business</strong></td>
<td>$85</td>
<td>$75</td>
</tr>
<tr>
<td><strong>Non-Resident</strong></td>
<td>$85</td>
<td>$75</td>
</tr>
</tbody>
</table>

**Evergreen Room**
(Seats 250 people with kitchens)

<table>
<thead>
<tr>
<th></th>
<th>Friday, Saturday &amp; Sunday</th>
<th>Monday-Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Member</strong></td>
<td>$110</td>
<td>$90</td>
</tr>
<tr>
<td><strong>Resident</strong></td>
<td>$120</td>
<td>$100</td>
</tr>
<tr>
<td><strong>Business</strong></td>
<td>$150</td>
<td>$130</td>
</tr>
<tr>
<td><strong>Non-Resident</strong></td>
<td>$150</td>
<td>$130</td>
</tr>
</tbody>
</table>

**Willow Room**
(Seats 20 people)

<table>
<thead>
<tr>
<th></th>
<th>Monday-Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Member</strong></td>
<td>$20</td>
</tr>
<tr>
<td><strong>Resident</strong></td>
<td>$25</td>
</tr>
<tr>
<td><strong>Business</strong></td>
<td>$35</td>
</tr>
<tr>
<td><strong>Non-Resident</strong></td>
<td>$35</td>
</tr>
</tbody>
</table>

**Wave Room**
(Up to 25 guests)

<table>
<thead>
<tr>
<th></th>
<th>Monday-Sunday (2 1/2 Hour Rate)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Member</strong></td>
<td>$20</td>
</tr>
<tr>
<td><strong>Resident</strong></td>
<td>$25</td>
</tr>
<tr>
<td><strong>Business</strong></td>
<td>$35</td>
</tr>
<tr>
<td><strong>Non-Resident</strong></td>
<td>$35</td>
</tr>
</tbody>
</table>

**Bain Cabin**
(Seats 100 people)
(Many amenities included)

<table>
<thead>
<tr>
<th></th>
<th>Monday-Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Day Hours</strong></td>
<td>9:00am-4:00pm</td>
</tr>
<tr>
<td><strong>Evening Hours</strong></td>
<td>5:30pm-12:00am</td>
</tr>
<tr>
<td><strong>HOLIDAYS</strong></td>
<td>ADD $75 TO ABOVE RENTAL FEES</td>
</tr>
<tr>
<td></td>
<td>NO ALCOHOLIC BEVERAGES OR SMOKING</td>
</tr>
<tr>
<td></td>
<td>ALLOWED ANYWHERE IN THE CABIN OR PARK</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Rates</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Residents ONLY</strong></td>
<td>$150 NR $240</td>
</tr>
<tr>
<td><strong>Residents</strong></td>
<td>$150 NR $275</td>
</tr>
<tr>
<td><strong>Non-Resident</strong></td>
<td>$200 NR $335</td>
</tr>
</tbody>
</table>

**Bain Pavilion**
(Seats 100)
(Includes 8 tables-4 grills)

<table>
<thead>
<tr>
<th></th>
<th>Available after hours</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Residents ONLY</strong></td>
<td>$50 per day</td>
</tr>
<tr>
<td><strong>Residents</strong></td>
<td>Restrooms open Memorial Day</td>
</tr>
<tr>
<td><strong>Non-Resident</strong></td>
<td>Weekend and close Labor Day</td>
</tr>
<tr>
<td><strong>Non-Resident</strong></td>
<td>2 hour minimum rental</td>
</tr>
</tbody>
</table>

**Private Pool Rental**
(Up to 200 guests)

|                        | NO ALCOHOLIC BEVERAGES ALLOWED |
|------------------------| ANYWHERE IN THE PAVILLION OR PARK |

**Birthday Party Package**
**Wave Room Swim Party**
2.5 hours of fun in the pool and a private room on the pool deck!
*Overnight Packages Available Upon Request*
The Fairview Park Recreation Department
Wishes to Thank

Fairview Lanes
Pita Pit
Jersey Mikes
Five Guys
Cleveland Indians

Becker’s
Great Clips
Carter’s
Mr. Hero
Monsters/Gladiators

for your Donations to the 1st Annual Easter Egg Hunt
The City of Fairview Park Recreation Department invites you to contact us if you are interested in renting any of the following athletic facilities.

- **Gemini Center Main Gym**
- **Fairview Park Football Stadium Turf Field or Track**
- **Gemini Center Multipurpose Gym**
- **Bohlken Park Baseball/Softball Diamonds**

The Recreation Department, School District and/or City of Fairview Park sponsored groups are considered In-House users and qualify for In-House rates. All RESIDENT groups require 80% residency to qualify.

Renters, other than Outside Varsity Athletics, cannot charge admissions to events at any Fairview Park athletic facility unless authorized by the City of Fairview Park’s Recreation Department. Fairview Park Recreation Department is the sole provider of concessions unless otherwise assigned by the Fairview Park Recreation Department.

If you are interested in securing any of the above facilities please contact **Jack M. Abbruzzese at 440-356-4444, ext. 102 or jack.abbruzzese@fairviewpark.org** for rates and facility permit information.

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**Fairview Park Recreation Department Sponsorships**

Dear Business Owners,

The Fairview Park Recreation Department continues to grow as a staple of the community. More and more people are utilizing our facilities to gather for special occasions, athletic competition, and family fun.

With this in mind, we have developed a sponsorship platform so that your business can also benefit from the growth. We know there are many outlets where you can spend your money, but there is no other platform that will do more for your business and our community at the same time.

There is no better venue to reach your existing and future customers in one place. Through our parks, Fairview Stadium, and the state of the art Gemini Center, this branding opportunity will offer your business exposure and community relations you cannot get anywhere else. Not only will your support of the Recreation Department help your business thrive, it will help Fairview Park continue to be a great place to grow.

When you have a chance, please review our partnership opportunities at www.fairviewparkrec.com. If you have any questions or have a partnership you would like us to customize, please do not hesitate to call or email.

We sincerely appreciate your ongoing support of the Recreation Department and are excited to offer an opportunity that will provide value to your business.

If you have any questions on how your business can get involved please email or call **Jack M. Abbruzzese at jack.abbruzzese@fairviewpark.org or 440-356-4444, ext.102.**

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**2016 Annual Maintenance**

The Gemini Center will be closed for annual cleaning and maintenance:

- **Aquatic…August 27 – September 2**
- **Full Facility…August 29 – September 2**
- **All areas open on September 3rd**

Check our website, Facadebook, and Twitter for updates and information on visits to Westlake or Rocky River during this time.

*Membership card must be presented at other facility.*

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**Fire Department News…**

The Fire Department would like to thank you for your support in the successful renewal of our levy this past March. With your help we are able to continue to provide you with the service you have come to expect!

As we move into the summer months, remember to practice good grilling safety:

- Propane and charcoal BBQ grills should only be used outdoors.
- The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches.
- Keep children and pets away from the grill area.
- Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- Never leave your grill unattended.
- More information about our fire department can be found on the city webpage **www.fairviewpark.org**.
Healthy Strides
Fit In Fairview Chapter
Sponsored by the Cleveland Clinic and Gemini Center
Tuesdays, May 17–June 28 • 9AM
Meet at the South Mastick Picnic Area in Metroparks, Rocky River Reservation
Walk with a Cleveland Clinic health professional each session
Free of Charge
CANCELLED IN THE EVENT OF INCLEMENT WEATHER

Fairview Hospital
a Cleveland Clinic Hospital

Bain Cabin Reservations
Reservations are now being accepted for 2016 and beyond. This popular venue fills quickly, so contact the Rental Coordinator at 440.356.4444, ext. 109 to secure your rental date!
**Special Events**

**2016 Big Wheel Race (Ages 2-6)**
*Friday, May 13 • 6pm*

Join us for our Annual Big Wheel Race at FHS Stadium as kids get the chance to race around our mini race track. Each racer gets 2 trials. Winners of each age group will receive an award. You can bring your own Big Wheel or use ours.

Plastic Big Wheels only.

Age Groups: 2 yrs, 3 yrs, 4 yrs, 5 yrs, 6 yrs  
Location: FHS Stadium  
Registration: April 15-May 12 • Fee: M FREE; RNM: $5; NR $7  
Rain Date: Friday May 20, 2016 • 6pm

**2016 TOUCH-A-TRUCK**
*Saturday, June 25 • 11am-1pm (Rain or Shine)*

Join us for our 6th annual touch a truck family event. Put your imagination in gear and go! Join us for Fairview Park’s TOUCH-A-TRUCK® where kids get a chance to get behind the wheel of their hometown vehicles. Come and climb on and explore nearly 30 of your favorite vehicles including tow trucks, big rigs, fire engines, police cars and construction trucks. It will surely be a day that will be remembered for years to come.

Location: Gemini Center/FHS Parking Lot  
Fees: FREE – Registration: Walk-up

**THIRD ANNUAL FOOD TRUCK FESTIVAL**
*August 6, 2016 • 4-9 pm*

Food Trucks, Live Music, Inflatables  
Free Admission

Costs associated with Food & Beverage  
Photo ID required to purchase alcohol

**Movie Nights**
*Movies begin at dusk*

Friday, June 24th @ FHS field  
(Rain date: Friday, July 15 @ FHS field)  
Friday, August 12th @ FHS field

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**Allied Behavioral Health Services, Inc.**

22540 Lorain Rd., Fairview Park, OH 44126  
440-734-4037 • www.AlliedBHS.com

Providing individual, family, group, marital, and addiction counseling services.  
Day, Evening and Weekend appointments

Specializing in Peace of Mind
Summer Day Camp is a great way for your children to stay active in the summer months with organized activities at the Gemini Center. Our Day Camp program is designed to maximize campers’ time outdoors while playing games and sports, swimming, and doing crafts. Are you looking for child care while you work this summer? Look no further! Our Day Camp program allows you to be confident in the care that your children are getting. Multi-child discounts are available for Day Camp families with more than one child enrolled in a Day Camp Session.

Emergency medical forms and swim permission forms must be turned in when registering for Summer Camp. Forms will be available online @ www.fairviewparkrec.com.

Be sure to pack a non-perishable lunch and drink, bring a bathing suit, towel, and tennis shoes daily. Fridays will be field trip days each week. **PRICING, REGISTRATION PACKETS, AND FIELD TRIP INFORMATION WILL BE AVAILABLE APRIL 1, 2016 AT GEMINI CENTER FRONT DESK and ONLINE**

**Location:** The Gemini Center community room and recreation facilities
**Times:** 8:00 am to 4:00 pm (Pick Up until 4:30pm NO EXCEPTIONS)
**Session:** Monday through Friday, Field Trip Days typically on Friday

**Dates and field trip locations** (Field Trip costs are included in the registration fee)

| Week 1: June 6-June 10 | Great Lakes Science Center |
| Week 2: June 13-June 17 | Cleveland Metroparks Zoo |
| Week 3: June 20-June 24 | Progressive Field |
| Week 4: July 1 | Fairview Lanes |
| Week 5: July 8 | Amazone Laser Tag |
| Week 6: July 15 | Natural History Museum |
| Week 7: July 22 | Castle Noel/Alien Mini Golf |
| Week 8: July 29 | Sky Zone |
| Week 9: August 5 | Swings & Things |

**Fees:** $128 Member; $133 Resident Non-Member; $138 Non-resident/Non-Member
**Sibling Discount:** Each sibling receives $10 off weekly fee after the first child is registered at full price.

**Registration:** Begins April 8 (Payment must be submitted on THURSDAY the week prior to the desired session. Payment will be taken for one or multiple weeks) Medical form and Swim Permission form MUST be submitted at time of registration at the Gemini Center. Registration Packets including medical forms are available at www.fairviewparkrec.com
Outdoor Fit Camp

With Lisa Zane, Personal Trainer
Six Week program

Tuesday Evenings
At Fairview Park
High School Track.
Gemini Center used in inclement weather.

7–8PM
April 26–May 31

$60 per session/$15 drop-in

Teen Rate (Ages 13-18)
$45 per session/$12 drop-in

Minimum of 5 participants to hold the class

Whether you are looking to lose weight, get in shape and tone, or want to improve your speed and strength for athletics, Fit Camp will get you ready for summer!

Set in a team environment, class will focus on cardio conditioning and strength training through a variety of sport conditioning exercises that are both challenging and fun!
Gemini Center After-School Activities Program

Monday-Friday • 3-5:30pm beginning August 29

Registration: Weekly – must be registered by Friday prior to program week

Cost: Free – Members only program

Children will be led through various activities including sports, swimming, arts and crafts, homework help and many more by Fairview Park Recreation Department staff. Transportation will not be provided by FPRD. Children must have medical forms and swim waivers completed prior to attending the program. Volunteers welcome!!
Adult Programs

2016 FALL MEN’S 6’2” & UNDER BASKETBALL
League Size: 8 teams MAX (One Division)
League begins Sunday, September 4, 2016
8 week regular season plus playoffs
$275 entry fee plus $31 to be paid each game
$325 OPTION will include matching team shirts
Registration: June 1-August 12
FPRD Adult Basketball leagues consist of one (1) game on designated game days, 8 game regular season plus playoffs. Teams are responsible for paying the officials and scorers on the court. Winners of the regular season and tournament win awards. Please not the maximum number of teams allowed for each league.

2016 FALL COED SOFTBALL (Sundays)
League Size: Max 8 teams
Location: Bohlken Park Softball Diamonds
League begins Sunday August 21, 2016
5 week regular season NO playoffs
$150 entry fee plus $22 to be paid each game
Registration: June 1-July 15 • Games begin at 10am
FPRD Fall Adult Softball leagues consist of double headers on designated game days, 10 game regular season no playoffs. Teams are responsible for paying the officials and scorers on the field. Please note the maximum number of teams allowed for each league.

2016 FALL COED VOLLEYBALL LEAGUE (Thursdays)
League size: Max 8 Teams, Comp. and Rec. Divisions
League begins September 8, 2016
6:15, 7:15, 8:15, 9:15 game times
8 Week Regular Season plus Playoffs
Location: Gemini Center Main Gym
$200 entry fee plus $10 to be paid each game
Registration: June 1-August 12
FPRD Adult Volleyball leagues consist of 1 match (3 games) on designated game days, 8 week regular season plus playoffs. Teams are responsible for paying the officials on the court. Winners of the regular season and tournament win awards. Please not the maximum number of teams allowed for each league.

Adult Leisure Programs

CLEVELAND ADULT LINE DANCING
Instructor: Mary Harwood
Thursdays 7pm-8pm
Session I: May 26-June 30 • Session II: July 7-August 11
Location: Gemini Center
Fee: M $4; RNM $5; NR $6 PER CLASS • Registration: Drop-In
Tired of the treadmill? Love to dance but have a partner that doesn’t? Line dancing is fun, easy, and a great form of exercise, no partner needed! Line dancing is no longer just country … enjoy dancing to some great golden oldies, Latin melodies, and of course some country. Great for all ages, shapes & sizes Visit clevelandlinedancing.com for more information

Kids’ Club welcomes children ages 6 months to 9 years
(Appointments MUST be made for children 18 mon. old and younger.)

Kids’ Club Fees (Paid at the Front Desk)
• $3 per child per hour &
• $1 for each additional sibling per hour
Must be paid prior to room usage unless using Kids’ Club Bucks. Segmented hours are only allowed for usage with Kids’ Club Bucks Parents/Guardians (18 years and older) must drop off and pick up children and must remain in the Gemini Center while children are in Kids’ Club. Appointments are made at the front desk or by phone.

Kids’ Club Bucks
Available for purchase at the Front Desk for $30 or $50

Fees and Time Limits for Kids’ Club Bucks
If you pick up your child in, you pay for:
60 Minutes=1 Hour • 61-90 Minutes=1 Hour + ½ Hour
91-120 Minutes=2 Hours

The Gemini Center reserves the right to change Kids’ Club hours and fees as necessary

Kids’ Club Hours:
Monday-Friday 8am-12pm • Monday-Thursday 4:30pm-8:30pm
Saturday 8am-1pm Sunday 10am-2pm
(December 2015-March 2016)

**Unless you are enrolled and participating in an organized class which lasts longer, your child must be picked up within 2 hours of their drop off time**
2016 5TH/6TH GRADE TACKLE FOOTBALL
Session: August 2016-October 2016
Location: FHS Field & Surrounding Cities
Fees: M $70; RNM $75
Late Registration Fees: M $80 RNM $85 (After July 19)
($50 refundable uniform deposit)
Registration: June 8-July 19
Practice begins week of August 1
Youth Tackle Football is for fifth and sixth grade students. Practices will be held 3-4 times per week and games are on Saturdays throughout the season. Volunteer coaches manage the teams and our city competes with teams from close surrounding communities. Each team will play 7 games and the first game will be September 10. Players from other communities will be considered unless they have a team competing in the Little SWC. Players will receive a call from the head coach during the first week of August.

2016 5TH/6TH GRADE CHEERLEADING
Session: August 2016-August 2017
Location: FHS Field & Surrounding Cities
Fees: M $40; RNM $45
Late Registration Fees: M $50; RNM $55 (After July 19)
($40 refundable uniform deposit)
Registration: June 8-July 19
Practice begins week of August 14
Youth Tackle Football Cheerleading is for fifth and sixth grade students. Practices will be held 2-3 times per week and games are on Saturdays throughout the season. Volunteer coaches manage the squad and our city football team competes with teams from close surrounding communities. Each team will play 7 games and they are set to begin with the first game on September 10. Our cheer team will be on the sidelines for all home and away games.

FALL SOCCER (Ages 4-5 COED Division; Ages 6 Division)
Location: Bohlken Park
Registration Fees: M $40; RNM $45; NR $50
Late Registration Fees: M $50; RNM $55; NR $60 (After August 1)
Practices begin week of August 22, Games begin September 10 ($65 (After August 30)
Includes Team Shirt and Award)
Registration: July 1-August 1
Practices begin week of August 22, Games begin September 10
FPRD Fall Youth Soccer is for children ages 4-8. Volunteer coaches manage the teams and practice will be held once per week throughout the season in addition to games on Saturday mornings. Game days on Saturday will consist of 15-20 minutes of skills and drills and a regulation game. **6-8 Division will be COED unless numbers allow for genders to be split**

FALL VOLLEYBALL (Ages 7-9 Division, Ages 10-12 Division)
Location: Gemini Center Gyms
Registration Fees: M $45; RNM $50; NR $55
Late Registration Fees: M $55; RNM $60; NR $65 (After August 30)
(Fee includes Team Shirt)
Registration: August 1-August 30
Practices begin the week of September 19, Games begin October 8
FPRD Fall Youth Volleyball is for children ages 7-12. Volunteer coaches manage the teams and practice will be held once per week throughout the season in addition to games on Sundays. Game days on Sunday will consist of a 40 minute regulation game. All Divisions are Coed. Our teams will compete with teams from close surrounding communities i.e. Westlake, Bay Village, North Olmsted, and Rocky River.

FALL FLAG FOOTBALL
Location: Bohlken Park & Surrounding Communities
Registration Fees: M $60 RNM $65 NR $70
Late Registration Fees: M $70 RNM $75 NR $80 (After August 1)
(Fee includes Game Jersey)
Registration: July 1-August 1
Practices begin week of August 22, Games begin September 10
FPRD Fall Youth Flag Football is for children ages 5-12. Volunteer coaches manage the teams and practice will be held once per week throughout the season in addition to games on Sundays. Game days on Sunday will consist of a 40 minute regulation game. All Divisions are Coed. Our teams will compete with teams from close surrounding communities i.e. Westlake, Bay Village, North Olmsted, and Rocky River.

Please review these terms regarding FPRD’s youth program registration process:
Registration is open without penalty until the deadline noted for each specific sport. Beginning the day after the deadline, late registrations will be taken if SPOTS ARE AVAILABLE. A $10 fee increase will be assessed for each late registration. A wait list will be started once the league/program is full and/or teams are formed. Programs may meet their maximums before the registration deadline. Following each season there will be an awards banquet to honor the players, parents and coaches for all their hard work and dedication during the season. Dates and times will be released during the season. *Subject to change based on registration numbers and season start dates.*
Refunds will be issued based on the following circumstances:
- Full Refund by initial payment method if participant is injured and can provide a doctor’s note prior to participating in a game for a sports league or prior to the first day of class for a leisure program
- Full or Partial Credit in the Gemini Center Sportsman system for any withdrawals other than injuries to be used towards any class registration or membership renewal (Must be submitted prior to league or class start date)
- Other refunds issued at the discretion of Gemini Center Management

Requests, Appeals, and Coaching
- If you volunteer to be a HEAD COACH, you may request to be placed with ONE parent assistant coach of your choice and their child
- Siblings will be assigned to the same team or class session, gender permitting
- Requests of any nature are NOT required to be approved for any youth sports league or class.
- For leagues in which scores and/or standings are kept, requests may not be approved in order to form equal and competitive teams
- Gemini Center Staff reserves the right to assign each participant to a team/class regardless of requests.
Youth Athletics (continued)

FALL LITTLE KICKERS SOCCER (Age 3)
Instructor: Jeff Kaufmann and Staff
Session: September 8-October 6 (5 Weeks)
Time: Thursdays 6pm & 7pm
Location: Gemini Center Main Gym
Registration Fees: M $35; RNM $40; NR $45

Late Registration Fees:

M $45; RNM $50; NR $55 (After August 30)
(Fees include T-Shirt and Certificate)
Registration: August 1-August 30
Little Kickers Soccer is an instructional program for 3 year-old children. Each 45-minute session will consist of drills and games focusing on BASIC fundamentals.

Parents are asked to participate in the drills to ensure each player gets the most out of the instruction. "Teams" will be formed and all players will participate in both time slots according to the class schedule.

Youth Leisure Programs and Camps (May-August)

JUMP START SPORTS
INTRODUCTORY LACROSSE (Grades K-5)...NEW!!
Session: June 13-July 25
(No class July 4)
Time: Monday 6-7:15pm
Location: Fairview Park Stadium
Fees: M/R $70; NR $75
REGISTER ONLINE AT www.JumpStartSports.com
For more information, e-mail info@JumpStartSports.com

Boys and girls in grades K-5 learn to play the fastest growing sport in the United States! Lacrosse is action packed and lots of fun! The sport has elements of soccer, football, basketball and hockey. All equipment will be provided in this highly instructional program. Experienced coaches provided by Jump Start Sports lead the training on all fundamentals, including: passing and catching; fielding ground balls; cradling; spacing, positioning, and defense. Plastic sticks and soft balls will be provided.

JUNIOR PONY CAMP (Ages 2-6)
(Maximum 12)
Instructor: Pony Tales Farm Staff
Session I: June 21 & June 28 (4pm-4:45pm)
Session II: July 5 & July 12 (11:30am-12:15pm)
Session III: August 3 & August 10 (10am-10:45am)
Location: Pony Tales Farm, Columbia Station
Fees: $40 Res/Member; $45 Non-Resident
Registration: Begins May 1
(Must register by the Friday before the chosen session)

Learn to groom ponies, play with them, and ride them. You will play games and have horse and pony story time. Wear long, loose fitting pants and flat shoes. Tennis shoes are OK. Bring a bike or riding helmet to class. Directions will be provided prior to the class. Visit www.ponytalesfarm.org for more details.

PONY CAMP (Ages 6-12)
(Maximum 12)
Instructor: Pony Tales Farm Staff
Session I: June 7-June 28 (Tuesdays 5pm-6pm)
Session II: July 6-July 27 (Wednesdays 11am-12pm)
Session III: July 26-August 16 (Tuesdays 10am-11am)
Session IV: August 3-August 17 (10am-10:45am)
Location: Gemini Center Main Gym
Fees: $80 Res/Member; $85 Non-Resident
Registration: Begins May 1
(Must register by the Friday before the chosen session)

Children will learn introductory riding basics, general horse care, grooming, saddling, bridling, safety issues, and stable care. Wear long, loose fitting pants and flat shoes, tennis shoes are OK. Bring a bike or riding helmet to class. Directions will be provided prior to class. Visit www.ponytalesfarm.org for more details.

YOUTH MARTIAL ARTS SELF DEFENSE (Age 5-14)
(Minimum 6/Maximum 30)
Instructor: Cliff Novak
Location: Gemini Center
Session I: May 25-June 29
Session II: July 13-August 17
Time: Wednesdays 5:30-6:45 pm
Fees: M $60; RNM $65; NR $70
Registration: Session I April 25-May 24
Session II June 13-August 17
Cliff Novak is a Certified Veteran Teacher-M.A. Education Degree and has a 3rd Dan Black Belt Tae Kwon Do. The class will teach to reinforce and learn the necessary skills to implement school’s Anti-Bullying and Say “No” To Drugs, programs via the 3 Aspects of Tae Kwon Do: Physical, Mental, and Psychological. Help your child develop the language of Self respect; learn team building skills, learn not to be a victim, stop bullying before it happens, develop the confidence to say “No.”

YOUTH BALLET
(Age 3-4)
(Maximum 4/Maximum 8)
Instructor: Coleen Dziak
Session: June 14 – July 13
Wednesdays 10am-10:30am
Location: Gemini Center Aerobics Studio

Youth Leisure Programs continue page 13
2016 WARRIORS YOUTH FOOTBALL CAMP
(Grades 3-9 2016-2017 School Year)
Camp Instructor: Tom Narducci
Session: July 11-July 15 (Monday-Friday 8:30am-12pm)
Location: Fairview Stadium
Fees: $50 per player, $40 for second sibling, $35 for third sibling
Registration: May 1-June 30
Camp will be held at Fairview Stadium. Campers should report
at 8:30am on Monday, July 11 to the stadium for check-in. Camp
will begin at 8:30am and end at 12pm Monday through Friday.
Campers should bring football shoes and a WATER BOTTLE WITH
YOUR NAME ON IT! Please visit www.fairviewparkrec.com on May
1 for complete details.

2016 CAVS BASKETBALL CAMP
(Maximum 100)
Offered by The National Basketball Academy
Instructors: TNBA Staff
Session: June 20 – June 24
Monday-Friday, 9:00am-2:30pm
Location: Gemini Center Main Gym
Fees: $260 per camper
($10 Discount for each sibling)
Register: www.thebasketballacademy.com
The Cleveland Cavaliers Summer Basketball Camps are back
for their best season ever! Join us for a camp that will offer ex-
pert instruction, fantastic giveaways and NBA excitement!

2016 SCORING LINK BASKETBALL
SHOOTING CAMP
(Grades 5-9)
(Instructor: John Link
Location: Gemini Center Main Gym
Session: August 8-August 11
(9am - 12pm)
Boys and Girls Entering Grades 5 - 9
Fees: $115/player (includes t-shirt and video of form with coach
Link's commentary!)
Registration Deadline: August 1st, 2016
Tune up your shot before the hoops season starts! Registrants
should be basketball players serious about improving their shoot-
ing ability. All campers can expect to shoot at least 2,000 shots
as well as compete in a variety of shooting competitions against
other campers for prizes! Expert instruction from area coaches
and players with collegiate and professional experience. Coach
Link will break down each camper’s shot from head to toe and
give them the tools needed to get better! All campers will
receive a t-shirt and a link to a video with coach Link’s critiques.

YOUTH BALLET & JAZZ COMBO CLASS (Age 5-6)
(Minimum 4/Maximum 10)
Instructor: Coleen Dziak
Session: June 15-July 13
Wednesdays 10:40-11:30 (Age 5-6)
Location: Gemini Center Aerobics Studio
Fees: M $37; RNM $42; NR $47
Registration: May 1-June 10
This class combines ballet and jazz, each week class time will be
divided between the two. Ballet will focus on developing
strength, grace and confidence. Jazz will emphasize rhythm, flex-
ibility and coordination. What to wear to class: Girls - Any color
of the following: leotard, tights, ballet shoes, ballet skirt optional.
Boys - white t-shirt, dark nylon or cotton shorts, ballet shoes.

KIDSKILLS GYMNASTICS (Age 4-10)
(Minimum 6/Maximum 10)
Session I: June 7-July 5
Session II: July 12-August 9
Tuesdays 10am-10:30am (TUMBLE
BUGS AGE 4-6)
Tuesdays 6:30pm-7pm (TUMBLE BUGS AGE 4-6)
Tuesdays 10:35am-11:05am (TINY TURNERS AGE 7-10)
Tuesdays 7:05pm-7:35pm (TINY TURNERS AGE 7-10)
Location: Multipurpose Gym
Fees: M $50; RNM $55; NR $60
Registration: May 1-June 1
This gymnastics class for children ages 4-10 focuses on gym-
nastics fundamentals and age-appropriate skills and terminology.
Program helps build self-esteem, motor skills, and locomotive
movements.

2016 FHS YOUTH SOCCER CAMP
(Grades K-8)
Session: July 25-July 28
Mon.-Thurs. 4-6pm (Grades K-3)
Mon.-Thurs. 6-8pm (Grades 4-8)
Location: Tri City Park
Fees: $35 for all participants
Registration: June 15-July 20
Soccer camp focusing on foot skills, sportsmanship, rules, and
general soccer knowledge. The camp will be structured to en-
courage learning, improve foot skills, and promote enthusiasm
for the sport. Primary instructors are Fairview High School boys
and girls players and coaches. All players should be equipped
with shin guards, cleats, ball and water bottle. All registrants will
receive a Camp T-Shirt.

Check our website www.fairviewparkrec.com
for schedules changes and information.
Visit our Facebook page at City of Fairview Park
and follow us on Twitter: @Gemini_Center
SAFETY TOWN 2016 (Kindergarten Age)  
(Maximum of 20 per session)  
Monday-Friday  
Session I June 6-June 10.............. 10am-12pm  
Session II June 6-June 10............. 1-3pm  
Session III June 13-June 17........... 10am-12pm  
Session IV June 13-June 17........... 1-3pm  
Session V June 20-June 24............ 10am-12pm  
Session VI June 20-June 24 5:30pm-7:30pm  
Session VII July 11-July 15........... 10-12pm  
Fees: M $35; RNM $40; NR $45  
Registration April 4-May 24  
For children entering Kindergarten in the Fall of 2016 held at the Gemini Center. Safety Town is a one-week course that focuses on teaching children safe practices both at school and at home. The curriculum includes: pedestrian safety, school bus safety, fire safety, seat belt safety, 911 emergency calls, and stranger danger. The children are instructed and practice how to cross the street safely. This program is geared to help children become comfortable around Law Enforcement and Fire Fighters.  
Safety Town utilizes a realistic, child-sized town designed to provide a complete hands-on safety education for children entering kindergarten in the fall. Working traffic signals, miniature buildings, cross walks, and traffic provided by the children on tricycles help give the children the experience they need before they take their final walk on a real street with real traffic and signals escorted by police officers.  
Let’s start early to help our children stay safe now and in the future!  
Please visit our website www.fairviewparkrec.com for complete program information.

Aquatic Specials

AQUASTICS  
Monday, Wednesday, Friday 9-10am  
Join a dynamic group exercise class for a medium-high intensity shallow water workout in an environment that allows you to push yourself in a way most beneficial to your body and spirit. Workout includes warm up, cardio with equipment and cool down.  
• Drop In fees will be collected at the front desk.  
• All participants are required to sign-in for each class attended.

ARTHRITIS WATER EXERCISE  
Tuesday & Thursday ................................................................. 1:30-2:30pm  
• Shallow water, slow moving exercise, stretching and range of motion exercises  
• Drop-In fees will be collected at the front desk.  
• All participants are required to sign-in for each class attended.

SILVER SPLASH  
Tuesday & Thursday ................................................................. 10-11am  
This is a Silver Sneaker water exercise class designed to help and improve flexibility, range of motion and overall movement. Free for Silver Sneaker members. Please swipe card at front desk. Drop in fee $1.00 for non-Silver Sneakers participants (Must be 60 +)

Red Cross Trainings  
Water Safety Training – May 13-16........................................... $185  
Lifeguard Training Class – May 20-23...................................... $185  
*Full class details at Activityreg.com

Neon Swim Team  
NEON (North East Ohio Nemesis) is a competitive year-round swim program that serves the suburbs of north east Ohio, providing swimmers of all ages and abilities the opportunity to excel in the sport of swimming. We have four practice groups that serve swimmers ranging in level from the beginner who is experiencing their first competitive swimming environment, to the advanced swimmer participating in national-level qualifying competitions. Our qualified coaching staff help swimmers succeed through a structured, supportive, yet challenging environment meant to teach swimmers about proper stroke technique and about how their bodies work in the water. NEON hopes to cultivate a life-long love for the water in each swimmer, while also helping swimmers to strengthen skills that will serve them both in the pool and in all aspects of their lives. Call Eric Dennis at 440-221-7670 to schedule your two week free trial.

Lunch Bunch “Water Play”  
Monday-Friday 10:30am-1pm  
Come to the pool with your toddler (ages 5 and under only) and play in the pool!  
Members: Free  
Residents: Adults $2, Child $1 (ages 2 and under are free)  
Non-Residents: Adults $3, Child $2 (ages 2 and under are free)
Liquid Lifestyles
Premier Swim Instruction

Liquid Lifestyles Swimming is excited to now offer our premier coaching services at the Fairview Park Rec. Center. Our team of qualified and passionate swim instructors use a process-driven approach based on principles of biomechanics to teach swimmers of all ages how to swim smarter, swim safer and find confidence in any body of water. From anxious beginners to elite athletes we understand that learning styles, needs and goals are truly unique and we pride ourselves in our and ability to instruct using a wide range of tools and a comprehensive training plan, personalized to fit YOUR needs.

Liquid N’ Durance
Masters Swim Training
Tuesday & Thursday evening 7:30-8:45pm
Saturday 7-8:30am

Designed specifically for endurance athletes, 18 & over, who are interested in time-effective workouts, improving their stroke techniques and developing speed. Our on-deck coaching staff will teach you how to intelligently integrate speed & endurance into your training without compromising form & efficiency. We utilize knowledge and skills from multiple industry leaders and regularly attend certifications and seminars to continue to learn and improve our own coaching skills. TRIATHLON SPECIFIC swimming skills play an integral role in the Liquid N’ Durance workout design and training philosophy.

Questions? Contact us at 440.935-1097 or info@LiquidLifestyles.com

Pool Rental

Private pool party – maximum of 200 guests
This rental includes swimming in both pools and the party room off the pool deck
Fee: $250/hour (Min rental 2 hours)
Rental Times: Saturday 7-9pm or 8-10pm
Sunday 6:30-8:30pm
This package is perfect for corporate parties, church groups, and family events!!!

Wave Room Swim Party
Includes wave room, both swimming pools, water slides, and outside sprayground
Time Frame: 2-1/2 hours
Fees: Members: $85; Residents: $100; Non-Residents: $150
Rental Times: Fridays 6-8pm
Saturdays 12-2:30pm, 3-5:30pm
Sundays 12-2:30pm, 3-5:30pm
Weekday times also available
GEMINI SWIM ACADEMY

CLASS DESCRIPTIONS

Parent & Child – Ages 10 mon-3 years
Adult required in the water. Water acclimation, sing songs, kicking, blowing bubbles.

Preschool – Ages 3-5
Beginner swim skills include: floating, kicking, submerging head, arm movement.

Level 1 – Ages 4 & up
Beginner swim skills include: floating, kicking, going under water, arm movement.

Level 2
Child MUST HAVE PASSED LEVEL 1 or PRESCHOOL Child must be comfortable in the water, with some independent swimming skills.

Level 3
Child must swim independently! Explore deep water, treading, diving, elementary backstroke, and dolphin kick.

Level 4
Child must be able to swim front/back crawl 15 yds. Breaststroke, sidestroke and butterfly will be defined.

Level 5
Competitive Swim: Child must be able to swim front/back crawl one length of pool without stopping. *This is an endurance swim class to prep for swim team readiness, must have passed Level 4.

REGISTRATION PROCEDURE
Please fill out a youth registration form located at the front desk. You can register on line at www.activityreg.com

Swim Lesson Rules
- Parents/Guardians must be present in the aquatic center during their child’s swim lesson. Children are not permitted to enter the water before class begins and must exit promptly when class ends.
- While class is in session, please do not interrupt the class or instructor. We do however; appreciate your help in disciplining your child if needed.
- If the instructor feels that the participant is not enrolled in the appropriated level, he/she will notify the Aquatics Supervisor.
- Classes may be combined due to insufficient numbers.
- There will not be any make-ups or credits given for personal absences.

FEES – 8-Class Sessions: Member $32, Resident $35, Non-Resident $47 • 4-Class Sessions: Member $20, Resident $25, Non-Resident $35

MONDAYS/WEDNESDAYS 4 Weeks - 2x a Week
Session I: June 6-June 29
Session II: July 11-Aug 4
9:00-9:30am Parent/Child
9:00-9:30am Preschool
9:45-10:15 Level 1
10:30-11:00 Level 2
11:15-11:45 Level 3
11:15-11:45 Level 4
5:00-5:30pm Parent/Child
5:45-6:15pm Preschool
6:15-6:45pm Level 1
6:45-7:30pm Level 2
7:00-7:45pm Level 3
7:00-7:45pm Level 4
9:00-9:30 Parent/Child
9:45-10:15 Preschool
10:30-11:00 Level 1
10:15-10:45 Level 2
10:45-11:30 Level 3
11:00-11:45 Level 4

SATURDAY Once a Week for 8 Weeks
Session I: June 11-Aug 6
NO CLASS July 9
9:00-9:30 Parent/Child
9:45-10:15 Preschool
10:15-10:45 Level 1
10:45-11:30 Level 2
11:00-11:45 Level 3

MONDAYS/WEDNESDAYS 4 Weeks - 2x a Week
Session I: May 2-May 25
5:00-5:30pm Parent/Child
5:45-6:15pm Preschool
6:15-6:45pm Level 1
6:45-7:30pm Level 2
7:00-7:45pm Level 3
7:00-7:45pm Level 4

SATURDAYS 4 Weeks - 1x a Week
Session I: June 6-June 29
9:00-9:30 Parent/Child
9:45-10:15 Preschool
10:30-11:00 Level 1
10:15-10:45 Level 2
10:45-11:30 Level 3
11:00-11:45 Level 4

TUESDAY/THURSDAY 4 Weeks - 2x a Week
Session I: May 3-May 26
9:15-9:45 Parent/Child
10:30-11:00 Preschool
10:45-11:30 Parent/Child

Swim lesson class schedule and registration is available on our website and www.activityreg.com

REC2CONNECT, LLC presents
Aquatic Therapy Programming
For Individuals with Special Needs • Ages 2-adulthood.

Our Aquatic Therapy Programming is conducted in private 1:1 45 minute sessions. We provide 1:1 standard-ized assessments on land and in the pool, a parent or caretaker assessment, detailed list of goals and a treatment plan based on the comprehensive evaluation of all assessments, followed by daily documentation of progress.

A wide variety of aquatic equipment and therapeutic techniques are used to work with the natural dynamics of the water to assist clients with the motor planning that is involved in increasing muscle and tone development, exercise, safety, rehabilitation, swimming, strengthening, and overall recreation satisfaction.

Sample goals of this program are to increase muscle tone, strength, balance, coordination, range of motion, flexibility, spatial awareness, increase cardiovascular function, master a variety of swimming skills, safety in and around water, and decrease anxiety, stress, and fear of water. All goals will be determined individually and specific treatment plans will be developed.

This program is run by Jennifer Knott, CTRS director of Rec2connect, LLC and Jamie Marx, Recreation Therapy Assistant. For more information, contact Jennifer Knott at 330.703.9001.
What is a good age for kids to begin swimming lessons?

6 months old is often a good age to begin teaching kids how to swim. As we continue to work with babies, we see them learning water-safe skills and they are very well prepared for classes without a parent by the time they are 3.

Do you offer swimming lessons for infants and babies?

Yes! We offer infant and toddler classes. The classes are held with a parent/guardian in the water in a class – supervised by an instructor. Days and times vary based on demand and ability level requests.

Can parents stay and watch kid’s swimming lessons?

Absolutely! Parents are welcome to be in the pool area to watch. You are then handy to:

• Assist your swimmer if they need to go to the restroom or if they would have an accident.
• Be extra eyes watching the water.
• Applaud new skills achieved. Your applause means so much to them.

However, it is never appropriate for a parent to become overly involved in the lesson or to try to instruct. That’s what you’ve hired us for, after all! We know that having you close by gives your children a sense of security. Sometimes for the very young, timid swimmer we will have the parent come and sit by the edge of the pool with the child near them. The child can watch the teacher interact with the other students and see that this is a safe place. They will quickly join in. Occasionally we will ask a parent to leave the room if the child refuses to cooperate. This is usually due to a strong will and only done when nothing else works. 99% of the time, the child will cooperate when they realize that they cannot control the situation! The parent then comes back into the swim area and the child has fun with their class!

How long will it take for my child to learn how to swim?

Every swimmer learns at a different rate. It will depend on:

• The level of fear
• The ability to trust the instructor
• The child’s individual personality. Some people have a cautious personality and others jump into everything without a thought!
• The amount of time the family goes swimming together.
• The way the body and coordination have matured. Some can just get it and others need to practice over and over and over again.

Our advice is to be patient with your swimmer and offer lots of praise and encouragement.

When is my swimmer considered to be water safe?

Parents are often satisfied once their swimmer can jump off of a diving board and get to the ladder. People need more developed skills than that, however. There are so many dangerous water scenarios and a person needs to be able to swim using their head while conserving energy. This only comes as they are able to swim with good, controlled technique. The technique and endurance built through a good swimming instruction program will accomplish this.

How do I know what level to sign up for?

Each level will have a description. You find the one that best fits what your swimmer is able to do. And if you have questions, just ask us – we’ll be glad to help you assess where your child is at. Additionally, if your child has taken swimming lessons somewhere else, let us know what levels they have achieved.

What level do I sign up for if I am registering for multiple sessions?

This can be tricky … some of it depends on the personality of the swimmer, the number of times per week that you are bringing them to lessons, and the age and physical maturation of the swimmer. Don’t worry though – we can always make adjustments if your swimmer does not progress as you guessed. We will never hold a swimmer back from learning new skills. Sometimes we can adequately challenge them right in the level in which they are placed.

What is your swimming lesson make-up policy?

Make-up lessons will not be allowed unless classes are cancelled due to pool breakdown or weather cancellation. We will try to accommodate make-ups for illness as the schedule allows.

What if I have concerns about the way the lessons are going?

We understand that you’re extremely interested in your child’s success with swimming lessons. We are, too! Should you ever have concerns, please address those concerns with us immediately. We can help! In general, this can help, too:

• FIRST: Give us 2 lessons to fall into a routine and get the group used to working together. During this time we will evaluate each swimmer making sure that they are in the correct placement. Sometimes we will need to move a student. Most times we will be able to accommodate the needs of each swimmer even though they may be in slightly different levels.
• SECOND: Communicate directly with your swimmer’s instructor. Address them as you would want to be addressed. The Sandwich Theory: Say something positive. Voice the concern. Say something positive.
• THIRD: If you are not satisfied with the results, speak with the lesson supervisor. They may be able to offer support that will help your swimmer.

What kinds of supplies or equipment are used in swim lessons? What is required?

Of course, you’ll want to be sure your swimmer has a well-fitted swimsuit and a towel, along with anything you typically bring along for swimming. Here are some specific notes on other items:

– Goggles: We use goggles for several reasons. Swimmers are able to open their eyes and see. They are not learning “blind.” They are able to focus on the skills and not have water dripping in their eyes.
– Ear Plugs: If you don’t have an ear mold, a putty plug is available at a pharmacy. To help them stay in, you can purchase a headband or a swim cap at a swim shop or sporting goods store. Some swimmers are just sensitive to water going in the ears, especially during skills done on the back. Ear plugs will often help with that.
– Swim Shirts (Often called rash guards) I recommend these if your swimmer is easily chilled. Parents have found them at sporting goods stores, and online at www.swimoutlet.com.
– Nose Plugs We prefer to teach swimmer how to keep the water out of their nose without the use of these. With a few tips, it is easy to do. In some instances swimmers will wear nose plugs.

Private Swim Lessons
If you are interested in having a private or semi-private swim lesson with one of our certified Water Safety Instructors, stop at the front desk and fill out a Private Swim Lesson Request form. Lessons are first come, first served. Fees: Per 30 min. session

M: $25   RNM: $30   NR: $40
Free Summer Yoga Series  Ages 13+
Bain Park behind Bain Cabin

June 12 – 9am
July 24 – 9am
August 14 – 9am

Please bring your own yoga mat or towel

All levels welcome!
**Teen Fitness Orientation Program**

This program is designed for young teens 12-14 years of age who wish to use the Fitness Floor and Track. The program will properly train you on our state of the art equipment so that your workout can be done correctly and efficiently. Before accessing the Fitness Floor the following requirements must be completed:

- Participants must have waiver form signed by a parent or guardian
- Participants must have a written doctor’s note authorizing the use of our Fitness Floor
- Code of Conduct must be signed
- Restricted hours will be enforced for teen workouts

**Monday-Friday** ...............3pm-5pm.................**NO** parental supervision  
**Monday-Friday** ...............5pm-8pm.................Parental supervision required  
**Saturday** ...........................8am-7pm.................Parental supervision required  
**Sunday** ............................10am-6pm..............Parental supervision required  

**Class schedules are posted monthly.**

*Please visit the Front Desk or website for current schedule.*

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**Athletic Advantage Training program (Ages 12-18)**

**TWO FREE 90-MINUTE TRIAL CLASSES HELD**  
**Wednesday, May 25 • 5pm-6:30pm and**  
**Saturday, May 28 • 10:30am-12pm**

**Session 1: Wednesday, June 1 to Saturday, June 25** (eight 90-minute classes)  
Session 1A practices: Wednesdays 5pm-6:30pm and Saturdays 10:30am-12pm  
Session 1B practices: Wednesdays 6:30pm-8pm and Saturdays 12pm-1:30pm  
**Location: Gemini Center Multipurpose Room**

**Registration (All Sessions):** Begins May 1  
**Fees:** M $100; RNM $120; NR $130  
**Instructors:** Brad Snow and Nathan Zarnoski

**Does your child want to be a more competitive athlete?**

The Athletic Advantage Training program offers a personal training regimen in a team environment to develop the ability for athletes to compete at a higher level. There will be a distinct focus on warming up, cooling down, and exercises that build on 6 very important physical attributes to help prevent injury, increase performance and unlock potential. Participating athletes will also receive an optional customized workout tailored to their specific sport.

This program offers a homegrown teaching experience ran by Brad Snow and Nathan Zarnoski, both ACE certified trainers, Fairview High School alumni and coaches.
These classes are free to anyone who is a member of SilverSneakers®. Seniors (60+) may pay a $1 pop-in fee at the Front Desk. For the current monthly schedule showing days & times, and descriptions, pick up a copy at the Gemini Center or go on-line to www.fairviewparkrec.com

**SilverSneakers® – Classic**
Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support.

**SilverSneakers® – Cardio Circuit**
Combine fun and fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper-body strength work using hand-held weights, elastic tubing with handles, and a ball is alternated with non-impact aerobic choreography. A chair is offered for support, head-to-toe stretching, and complete relaxation in a comfortable position.

**SilverSneakers® Yoga**
Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.

**SilverSplash®**
Activate your aqua urge for variety! SilverSplash offers lots of fun and shallow water moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required, and a special SilverSneakers kickboard is used to develop strength, balance and coordination.

**Senior Classes (60 & Older)**

**Silver Zumba:**
Using Latin Styles of music and dance at a lower intensity. Designed to improve balance, strength, flexibility and cardiovascular health.

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**Attention All SilverSneakers!!!**

Achieve “Gem Status” at the Gemini Center and **win a FREE T-Shirt**

- Visit the Gemini Center 20 times this summer, June 1-August 31 to get a FREE T-shirt.
- Must be a SilverSneakers Member or Silver and Fit Member to participate.
- All participants will self-track and submit their form at the end of the program to be eligible.
THIS IS WHAT PEOPLE ARE TALKING ABOUT WHEN THEY SAY, "GO TO YOUR HAPPY PLACE."

60¢ WING TUESDAY • 60¢ BONELESS THURSDAY • BUZZTIME TRIVIA • BIG SCREEN & HDTV’S • FREE WIFI

3011 WESTGATE MALL, FAIRVIEW PARK OH
440.331.9464
August 6, 2016
4-9PM
Gemini Center/FHS Parking Lot

Food Trucks
Live Music
Inflatables

Costs associated with food & beverage • Photo ID required to purchase alcohol