

SCOPE

FAIRVIEW PARK SENIOR LIFE OFFICE NEWSLETTER

Mayor Eileen Ann Patton

November/December 2017 ♦ 20769 Lorain Road ♦ Fairview Park, OH 44126 ♦ 440-356-4437

Veterans Day Luncheon



Friday, November 10 at NOON

All veterans, their spouses and widows of veterans are cordially invited to join Mayor Eileen Patton and the Fairview Park Senior Center staff for a special celebration as we thank you for your service to our Country. We would like to show our appreciation for the sacrifices made to ensure our freedom. The celebration will include the Color Guard from American Legion Post 738, special luncheon provided by Senior Advisory Council, dessert from Sunrise of Rocky River and entertainment by Dennis Ford. If you are unable to drive, the Senior Van is available to transport you. **Please call the Senior Center at 440-356-4437 by November 6th to make a reservation.**



The Fairview Park Senior Center is fortunate enough to once again be able to celebrate Thanksgiving here at our Center on **Wednesday, November 22nd at 11:30am.** **Longhorn Steak House** is going to prepare another scrumptious dinner including turkey, dressing, mashed potatoes, gravy, corn and, of course, pumpkin pie. As in the past, the servers from Longhorn will accept donations to benefit "Toys for Tots". We look forward to enjoying this time with all of you at our home at the Center. **We must limit reservations to 175.** If you are a homebound Fairview Park senior, we would be happy to deliver a meal to you. Any **Senior** can sign up at the front desk or call 440-356-4437 by November 17th.



Come join us and invite all your family and friends to the Annual Christmas Concert performed by the Senior Center Chorus "**The Funsters**" on Tuesday, **December 12th at 11:00 a.m.** There will be special performances, an assortment of Christmas Carols and all your sing-along favorites to get you into the spirit! Refreshments courtesy of Broadview Multi Care Center will be served following the performance. **Peace on Earth.**



The Senior Center Christmas Party will be held on **Friday, December 22th at Noon.** The menu will include Stuffed Turkey with Cranberries/Sage Dressing, Sliced Carrots, California Blend vegetables, whole grain dinner roll, and pineapple juice, with cake for dessert. We will be entertained by Scott Brotherton (one of our very favorites). Reservations are due at the front desk by Wednesday, **December 14th.** **What a wonderful way to celebrate the season with all your Senior Center friends & family!**



Fairview Park's Fifth Annual
Winterfest Celebration
Friday, November 24, 2016
Bain Cabin and Gazebo
5:30pm till 7:30pm

AT THE MOVIES



Tuesdays at 1:00 p.m.

DATE	TITLE	STARRING	Type
November 7	The Tailor of Panama/ R / 110 minutes	Pierce Brosnan/Geoffrey Rush	Action
14	A United Kingdom/ NR / 111 minutes	David Oyelowo/Rosamund Pike	Drama
21	Everybody Loves Somebody/PG13/100 min.	Karla Souza/Jose Maria Yazpik	Romance
28	Tommy's Honour/ PG / 112 minutes	Jack Lowden/Peter Mullan	Drama
December 5	Frankie and Johnnie/ R /117 minutes	Al Pacino/Michelle Pfeiffer	Comedy
12	Miss Potter/ PG / 92 minutes	Renee Zellweger/Ewan McGregor	Drama
19	The Promise/ PG13/ 134 minutes	Oscar Isaac/ Christian Bale	Romance
26	Gifted/ PG13 / 101 minutes	Chris Evans/McKenna Grace	Drama

Goodtimers Lunch

The Goodtimers meet the **first Monday** of the month at **11:30**. Make your reservations at the front desk.

November 6 Longhorn Steakhouse

20999 Center Ridge Road, Fairview Park

December 4 Stella Mia

28751 Center Ridge Road, Westlake

One-Day Trips

A Very Merry Pops

Sunday, November 26, 2017

This is your chance to enjoy a holiday afternoon with The Cleveland Pops Orchestra. They will perform their annual concert to kick-off the Holiday at The Palace Theater where main floor seats have been reserved. There will be a post-show plated dinner at Windows on the River. The ride home will include travel through Public Square to see the holiday decorations lighting downtown.

COST: \$85.00

New Year's Eve at Noon

Sunday, December 31, 2017

Come welcome 2018 aboard the Nautica Queen. The motor coach will deliver us at 11:30am for the big 12 O'clock Count Down with a Champagne (or soft drink) salute. After the countdown, we'll start the cruise by enjoying the Buffet Lunch, cruising the Cuyahoga River and travel along the shoreline of Lake Erie with entertainment.

After the cruise, we'll go to Tower City to see decorations or look at the JACK. Space is limited.

COST: \$65.00

We are partnering with North Olmsted Senior Center for these trips. Please call 440-356-4437 for details.

Multi-Day Trips

Wendt Touring

2018 Tours

Noah's Ark Encounter-Springtime in Kentucky

April 27-29

Treasures of Montreal and Quebec City by Rail

June 25-30

The Great Pacific Northwest Adventure

September 1-9

West Virginia Fall Foliage-The Greenbrier Resort

October 11-14

Brochures available after November 15



Benefits of Chocolate

Please join us on **Thursday, December 7** at **11:00am** to hear the **VNA** discuss the benefits of chocolate! There may even be a sample!!!!

Legal Consultation

Harold Hom, local attorney, will offer legal consultation at **no charge** from 9:30-11:30 am. The date will be **December 15**. **There will be no appointments in November.** Appointments will be arranged every 15 minutes until 11:00, with the remainder of the time free for walk-ins. Please make an appointment at the front desk.

Regular Programs and Events

BINGO: We will have Bingo every Monday at NOON (except the first Monday of the Month) and the third Friday at 1:15pm

BLOOD PRESSURE: Blood Pressure taken from 11am -12noon, before Bingo on Mondays.

BOOK CLUB: Meetings held the first Thursday of each month on **November 2nd & December 7th at 1:30pm**

BRIDGE: Meets every Wednesday at 10:00am. Bridge group begins play at 12:30pm.

CHORUS – The “Funsters”: Practice every Tuesday morning at 10:00am. **ALL ARE WELCOME TO JOIN US!**

DISCUSSION GROUP: Meets every Monday at 1:00pm. Always something new to discuss! Join in!

EXERCISE – SILVER SNEAKERS CLASSIC ON MONDAY AT 10:30AM, WEDNESDAY AT 12:15PM.

EXERCISE – EXERCISE WITH DEE - Meets every Tuesday, Thursday and Friday at 1:30pm.

KNITTERS/CRAFTERS: Meet every Tuesday at 10:00am. Bring your favorite Craft and enjoy new friends!

MIXED MEDIA ART CLASS: Classes meet on Wednesdays at 9:30am and run for 8 weeks. Check with the front desk for start dates. Classes are instructed by Liz Galloway.

YOGA CLASSES: Meets Tuesdays @ 10:00 with Mary and Thursdays @ 10:30 with Lyndsey. Fee is \$2.00 per Session (Pay as you go). These classes are very inspirational.

Computer Classes

After Thanksgiving we will not offer classes until after the first of the year. The calendar we post on the Computer Room bulletin board will tell the story for the coming year – watch for our decisions appearing there. We are now offering classes to introduce genealogy (tracing your “roots”) and to explore the use of eBooks, audio books, and Skype. If you wish to know more about these new subjects and the use of the new tools; Nook, Kindle, etc. make it a point to attend our next “Orientation Meeting” which will be Wednesday, December 27th at 10:00am. You don’t have to own a computer – you have ten of them (five brand new ones) to use at the Senior Center – **FREE**. This is a joint project of the Computer Assisted Genealogy Group and the Northeast Ohio PC Club – our Senior Center volunteer computer instructors.

Computer Fundamentals

These **FREE** monthly workshops are on the second Tuesday of each month at 9:30 a.m. The next meetings will be held **November 14th and December 12th**. If you have a computer at home and would like to know more about it, please plan to attend these informative workshops. They are conducted by the Northeast Ohio PC Club for the benefit of all seniors. You don’t need to register for these meetings – just come and bring your friends.

Hunger Center Donations

During the months of November and December, the Senior Center will be accepting **monetary donations** and **canned food** items to help supplement the Hunger Center. The Holidays are always a good time to think of others less fortunate. Please give what you can to help these families in need as there are more families in Fairview Park that need assistance. They can use spaghetti sauce, noodles, macaroni and cheese, canned tuna, soup, vegetables, fruit and baked beans. Peanut butter and cereal would also be greatly appreciated. Please check the dates on items to make sure they have not expired. Cash donations are always accepted. You may always bring your donations to the Senior Center Monday through Friday and we will make sure that the Hunger Center receives them. **PLEASE, EXPIRED ITEMS CANNOT BE DISTRIBUTED.**



We would like to extend a sincere thank you to The Giant Eagle Foundation for its generous donation to The Fairview Park Senior Life Office Transportation Program. We are very happy that Giant Eagle is a part of our community and supports our efforts to serve the seniors of Fairview Park. **THANK YOU!**

Lunches are served Thursdays & Fridays at Noon. Donation is \$1.00. This program is made possible by the Older Americans Act through a grant from The Ohio Dept. of Aging and administered by The Western Reserve Area Agency on Aging. Reservations may be made in person or by calling 440-356-4437.

To qualify for the congregate meals, you must be 60 or older OR your spouse accompanying you must be 60 years or older.

November			
Thursday		Friday	
2	Stuffed Green Pepper* Butternut Squash Broccoli 2 Whole Grain Rye Applesauce	3	Chicken Ala King* Baby Lima Beans* Sliced Carrots Honey Wheat Biscuit Pineapple Chunks
9	Rosemary Pork Loin* Gravy*/ Applesauce Green Peas Butternut Squash Honey Wheat Biscuit	10	Veteran's Day No WRAAA lunch
16	Salisbury Steak*/Gravy* Mashed Potatoes* Brussel Sprouts 2 Whole Grain Wheat Tropical Fruit	17	Breaded Fish*/TartarSauce Tater Tots/Ketchup Spinach Whole Grain Wheat Mandarin Oranges
23	HAPPY THANKSGIVING Senior Center Closed	24	Senior Center Closed
30	Meatballs*/ Spaghetti w/Tomato Sauce Cauliflower Green Beans Apple		

December			
Thursday		Friday	
		1	Stuffed Green Pepper* Butternut Squash Broccoli 2 Whole Grain Rye Applesauce
7	Meatballs* Spaghetti* w/ Tomato Sauce / Apple Cauliflower/Green Beans Whole Grain Wheat	8	BBQ Chicken Breast* Green Peas Sweet Potatoes* Whole Grain White Mixed Fruit
14	Tomato Basil Chicken* Spaghetti*/Sauce Spinach/Corn Whole Grain Wheat Sliced Pears	15	Beef Meatloaf*w Ketchup Glaze/Gravy* Mashed Potatoes* Capri Blend Honey Wheat Biscuit Sliced Peaches
21	Beef Ravioli w/Sauce* Green Beans/Corn Cereal Bar Mixed Fruit W.G. Vanilla Wafer	22	Stuffed Turkey* w/Cranberries/Sage Dressing/Sliced Carrots California Blend Whole Grain Dinner Roll Pineapple Juice
28	BBQ Rib Patty* Scalloped Potatoes* Broccoli Whole Grain Bun Orange	29	Beef Sloppy Joe* Wedge Potatoes* Green Beans Whole Grain Bun Sliced Peaches

Lunch and Learn

Broadview Multi Care Center

Please join us at the Senior Center November 29th at 11:30 for a Lunch and Learn. Please sign up at the front desk or call 440-356-4437 to register for this event.

Medicare Counseling

We will have an OSHIP representative at the Senior Center to help answer any questions you have regarding Medicare. **Open enrollment runs October 15th through December 7th**. Please call 356-4437 to schedule a one-on-one appointment with the representative on Fridays from 9am till 11am.

Scarlet Singers

The Scarlet Singers from Fairview High School will be singing for us at the Senior Center immediately following lunch on Friday, December 15. We welcome these children and enjoy their entertainment.

Winter Weather Watch

Winter weather is coming, whether we want it or not! Please listen to the local news for closings. When the Fairview Park Schools are closed due to weather conditions, we will not run the senior buses. The Senior Center is usually open, but if the weather is too inclement please be sure it is safe to drive before venturing out. Congregate lunches (Thursday and Friday meals) will be cancelled only when the Cuyahoga County Offices are closed. If you have any doubts, please call the Senior Center at 440-356-4437 to make sure the Center is open.

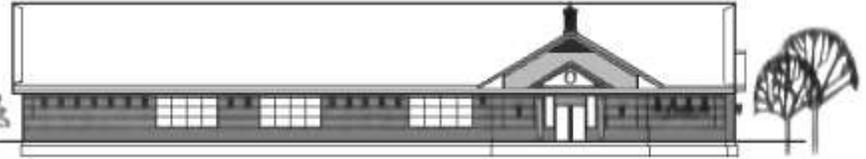


Merry Christmas

Mayor Eileen Patton, along with Regina, Cathy, Melody, Sharon, Tom L., Jack C., Jack M., Tom J., Mike, Bill & Fred wish you and your families a very joyous holiday season. We look forward to an exciting and prosperous 2018 with each and every one of you!

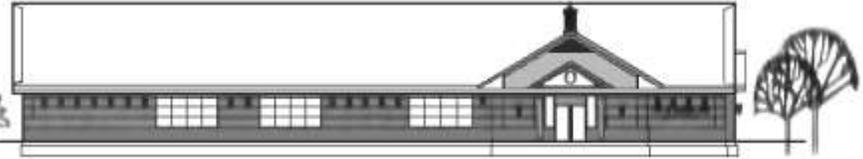
Please Vote NOVEMBER 7th

NOVEMBER 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>9:30 Art Class 10:00 Bridge 12:15 SilverSneakers 12:30 Card Playing</p>	<p>2</p> <p>9:30 NEOPC meeting 10:30 YOGA 12:00 Lunch 1:00 Card Playing 1:30 Exercise with Dee 1:30 Book Discussion</p>	<p>3</p> <p>9:00 Medicare Counsel 11:00 Sing-a-Long 12:00 Lunch 1:00 Card Playing 1:30 Exercise with Dee</p>
<p>6</p> <p>SENIOR CENTER CLOSED</p> <p>11:30 Goodtimers Lunch: LongHorn</p>	<p>7</p> <p>10:00 Crafters 10:00 Chorus Practice 10:00 YOGA 12:00 Card Playing 1:00 Movie: The Tailor of Panama 1:30 Exercise with Dee</p>	<p>8</p> <p>10:00 Bridge 12:15 SilverSneakers 12:30 Card Playing</p>	<p>9</p> <p>10:30 YOGA 12:00 Lunch 1:00 Card Playing 1:30 Exercise with Dee</p>	<p>10</p> <p>9:00 Medicare Counsel 12:00 Veteran's Day Luncheon 1:00 Card Playing 1:30 Exercise with Dee</p>
<p>13</p> <p>8:30 Seniors Helping Seniors 10:00 Computer Class 10:30 SilverSneakers 11:00 Blood Pressure 12:00 BINGO 1:00 Discussion Group</p>	<p>14</p> <p>9:30 Computer Fundamentals 10:00 Crafters 10:00 Chorus Practice 10:00 YOGA 12:00 Card Playing 1:00 Movie: A United Kingdom 1:30 Exercise with Dee</p>	<p>15</p> <p>9:30 Art Class 10:00 Bridge 12:15 SilverSneakers 12:30 Card Playing</p>	<p>16</p> <p>10:30 YOGA 12:00 Lunch 1:00 Card Playing 1:30 Exercise with Dee</p>	<p>17</p> <p>9:00 Medicare Counsel 11:00 Sing-a-Long 12:00 Lunch 1:00 Card Playing 1:15 BINGO 1:30 Exercise with Dee</p>
<p>20</p> <p>10:00 Computer Class 10:30 SilverSneakers 11:00 Blood Pressure 12:00 BINGO 1:00 Discussion Group</p>	<p>21</p> <p>10:00 Crafters 10:00 Chorus Practice 10:00 YOGA 12:00 Card Playing 1:00 Movie: Everybody Loves Somebody 1:30 Exercise with Dee</p>	<p>22</p> <p>11:30 Thanksgiving Dinner With our Senior Center Family</p> <p>We will close after dinner</p>	<p>23</p> <p>Happy Thanksgiving</p> <p>SENIOR CENTER CLOSED</p>	<p>24</p> <p>Senior Center Closed</p> <p>Winterfest Celebration Bain Park Cabin 5:30pm to 7:30pm</p>
<p>27</p> <p>10:00 Computer Class 10:30 Silver Sneakers 11:00 Blood Pressure 12:00 BINGO 1:00 Discussion Group</p>	<p>28</p> <p>10:00 Crafters 10:00 Chorus Practice 10:00 YOGA 12:00 Card Playing 1:00 Movie: Tommy's Honour 1:30 Exercise with Dee</p>	<p>29</p> <p>9:30 Art Class 10:00 Bridge 11:30 Lunch and Learn 12:15 SilverSneakers 12:30 Card Playing</p>	<p>30</p> <p>10:30 YOGA 12:00 Lunch 1:00 Card Playing 1:30 Exercise with Dee</p>	

DECEMBER 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>The Senior Center is Open Monday thru Friday 8:30am to 4:30pm We are Closed the first Monday of the month.</p>		<p>1 9:00 Medicare Counsel 11:00 Sing-a-Long 12:00 Lunch 1:00 Card Playing 1:30 Exercise with Dee</p>
<p>4 SENIOR CENTER CLOSED 11:30 Goodtimer's Lunch <i>Stella Mia</i></p>	<p>5 10:00 Crafters 10:00 Chorus Practice 10:00 YOGA 12:00 Card Playing 1:00 Movie: Frankie and Johnnie 1:30 Exercise with Dee</p>	<p>6 9:30 Art Class 10:00 Bridge 12:15 SilverSneakers 12:30 Card Playing</p>	<p>7 10:30 YOGA 11:00 VNA presents Benefits of Chocolate 12:00 Lunch 1:00 Card Playing 1:30 Exercise with Dee</p>	<p>8 11:00 Sing-a-Long 12:00 Lunch 1:00 Card Playing 1:30 Exercise with Dee</p>
<p>11 10:30 SilverSneakers 11:00 Blood Pressure 12:00 BINGO 1:00 Discussion Group</p>	<p>12 9:30 Computer Fundamentals 10:00 Crafters 10:00 YOGA 11:00 Funsters Christmas Show 12:00 Card Playing 1:15 Movie: Miss Potter 1:30 Exercise with Dee</p>	<p>13 9:30 Art Class 10:00 Bridge 12:15 SilverSneakers 12:30 Card Playing</p>	<p>14 10:30 YOGA 12:00 Lunch 1:00 Card Playing 1:30 Exercise with Dee</p>	<p>15 9:30 Legal Consult 11:00 Sing-a-Long 12:00 Lunch Scarlet Singers 1:00 Card Playing 1:15 BINGO 1:30 Exercise with Dee</p>
<p>18 10:30 SilverSneakers 11:00 Blood Pressure 12:00 BINGO 1:00 Discussion Group</p>	<p>19 10:00 Crafters 10:00 YOGA 12:00 Card Playing 1:00 Movie: The Promise 1:30 Exercise with Dee</p>	<p>20 10:00 Bridge 12:15 SilverSneakers 12:30 Card Playing</p>	<p>21 10:30 YOGA 12:00 Lunch 1:00 Card Playing 1:30 Exercise with Dee</p>	<p>22 11:00 Sing-a-Long 12:00 Christmas Lunch w/ Scott Brotherton 1:00 Card Playing 1:30 Exercise with Dee</p>
<p>25 The Senior Center is Closed To observe Christmas!!</p>	<p>26 10:00 Crafters 10:00 YOGA 12:00 Card Playing 1:00 Movie: Gifted</p>	<p>27 10:00 Bridge 10:00 Computer Orientation 12:15 SilverSneakers 12:30 Card Playing</p>	<p>28 10:30 YOGA 12:00 Lunch 1:00 Card Playing</p>	<p>29 11:00 Sing-a-Long 12:00 Lunch 1:00 Card Playing</p>