SCOPE

FAIRVIEW PARK SENIOR SOCIAL CENTER
COME AND GROW YOUNG WITH US

FAIRVIEW PARK SENIOR LIFE OFFICE NEWSLETTER

Mayor Eileen A. Patton

May & June 2019 ◆ 20769 Lorain Road ◆ Fairview Park OH 44126 ◆ 440-356-4437

17th Annual

All Seniors Prom

Co-sponsored by
FHS National Honor Society Students

Wednesday, May 15, 2019

2:00 - 5:00 p.m.

Tickets on sale at the front desk for **$5.00**

Music by: DJ Carl Schantz playing all your favorite dance tunes!

Summer Salad Bar & Bingo

Join us for an afternoon of fun and games on **Wednesday, June 12**. Salad bar will be served at 11:15 with Bingo Play at NOON. Thank you to our sponsor, Rocky River Gardens! **Cost $5**, includes salad bar, roll & butter, dessert and one bingo card.

Fresh Produce Market

We are teaming up with the Cleveland Food Bank and the Bay Village Senior Center to offer fresh produce for low income residents ($2,000 per month or less) The market will take place at the Senior Center on the first Tuesday of each month from 11:00-Noon.

MAY IS OLDER AMERICANS MONTH - LET'S CELEBRATE!

Breakfast with the Mayor

Join us on **Tuesday, May 7th, at 9:30**am for breakfast with Mayor Eileen Ann Patton. This will be a great way to catch up on what is new in our City and enjoy a delicious breakfast of, quiche, fruit, muffins and orange juice provided by O'Neill Healthcare. Please sign up at the front desk.

The Funsters

Please join us in celebrating the Annual Summer Concert on **Tuesday, June 11th, at 11:00am. "The Funsters"** will present "**Red, White, Blue & Patriotic too".** Our choir has been practicing very hard to present their concert for all to enjoy. Come and listen to the voices of our dedicated men and women. We will serve refreshments following the performance!

Household Hazardous Waste & Shredding Day

The first of our very popular household hazardous waste drop-off and shredding service of 2019 will take place Saturday, May 11, from 9am-NOON in the parking lot of City Hall, located at 20777 Lorain Road. This event is for residents only, please bring identification. Drop off your old small household appliances, computers and equipment, unused household cleaners, etc.

FREE MOVIES

Tuesdays at 1:00 p.m.

DATE	TITLE	STARRING	Type
May 7	Little Italy/NR/102 minutes	Hayden Christensen/Emma Roberts	Comedy
14	A Star is Born/R/135 minutes	Lady Gaga/Bradley Cooper	Drama
21	Bohemian Rhapsody/PG13/134 minutes	Rami Malek/Lucy Boynton	Drama
28	Second Act/PG13/103 minutes	Jennifer Lopez/Leah Remini	Romance
June 4	Green Book/PG13/130 minutes	Viggo Mortensen/Mahershala Ali	Drama
11	Ben is Back/R/103 minutes	Julia Roberts/Lucas Hedges	Drama
18	The Favourite/R/119 minutes	Olivia Colman/Emma Stone	Drama
25	Instant Family/PG13/117 minutes	Mark Wahlberg/Rose Byrne	Comedy

Goodtimers Lunch

The Goodtimers meet the **first Monday** of the month at **11:30.** Make your reservations at the front desk.

Monday, May 7	**Blue Sky Restaurant**	**802 Cleveland Street, Elyria 44035**
Monday, June 3	**Canary Restaurant**	**28981 Lorain Road, North Olmsted 44070**

Supportive Services

Legal Consultation: Harold Hom, local attorney, offers legal consultations at **no charge** on the last Friday of each month from 9:30-11:00 am. Future dates will be **May 31st & June 28th .** Appointments will be arranged every 15 minutes until 11:00. Please make an appointment at the front desk 356-4437.

Berkshire Homecare will be here Mondays from 11am to 12noon before Bingo to take blood pressures. No appointment is needed, just drop in and have your pressure checked.

Westbrook Place (Genesis) will be conducting Glucose testing on Monday, **June 17th ,** from 10:30-11:30am. Make your appointment at the front desk or by calling 440-356-4437. Please fast 2 hrs. prior to test.

Brainercize

Come to the Fairview Park Senior Center and join Lisa Anthony from Arden Courts for the continuing program with exercises, puzzles, word games and trivia, all while explaining the functions of your brain and working memory. This session will be held on Thursday, **June 27th,** at **11:00am**.

Technology / Media Assistance

We have a new resource that may be of use to those of us who have questions on handling the many different forms of media. That would be many of us! If you are having difficulty understanding your laptop, cell phone, kindle fire or other popular devices, Maryanne Frogner has offered to volunteer some of her time to work with you. Please call or sign up at the front desk so we can determine the best way to proceed in utilizing her knowledge. **Future dates Monday, May 20 & June 17 at 1:00**.

ONE-DAY TRIPS

Ohio's French Countryside in Mansfield

Friday, June 21

Kick off the First Day of Summer in Ohio's French Countryside! We'll start at the charming French Provincial estate, **KINGWOOD CENTER**, with a guided tour of this 47 acre complex. In addition to seeing the mansion, we'll explore the majestic gardens bursting with June colors. Next, we'll travel to the Loudonville area to enjoy a unique lunch and tour at **LANDOLL'S MOHICAN CASTLE**. This little-known oasis has been featured in magazines as a hidden gem in Central Ohio. After lunch, we'll have an optional walking tour of the Castle to learn its story. We will travel on to Malabar Farm State Park for a docent led tour of this historic site and we'll see where Humphrey Bogart married Lauren Bacall! We'll have time in their Ohio-Centric gift shop and complete our day with stop to see Grandpa at his Cheese Barn!

Cost: $89. Moderate walking. Trip presented by JKL Tours with Avon Senior Center.

Cuyahoga Valley Scenic Railroad, Hartville Kitchens & Hartville Complex

Friday, June 28

Motorcoach Transportation to Board the Train. Pickup will be at Giant Eagle Fairview Park and North Olmsted Senior Center. All aboard the Cuyahoga Valley Scenic Railroad and travel through the heart of the Cuyahoga Valley National Recreation area. (Independence to Akron). Then it's on to lunch at Hartville Kitchens and shopping at Hartville Collectibles and Hartville Hardware.

Cost: $68 includes your train ticket, lunch and tips! Trip presented by Great Day Tours with North Olmsted Senior Center.

Brochures for all trips available at the Fairview Park Senior Center

MULTI-DAY TRIPS

America's National Parks by Rail
Yellowstone, Glacier and the Grand Tetons
10 days - June 21 – 30

Experience a classic train journey out west! See some of America's most spectacular national parks and the many wonders of this dazzling area.

Treasures of Ottawa by Rail
Canada's National Capital
5 days – August 21 – 25

Ottawa is one of the great underrated gems of Canada. Enjoy the first class tour features as we travel thru Canada on VIA Rail's sleek and modern LRC train.

Coastal New England Fall Foliage:
Maine and Vermont
7 days - October 5 – 11

Fall foliage should provide a spectrum of brilliant colors and spectacular vistas on this customized tour focusing on the rugged Atlantic Coast of Maine and northern New England during primetime. Two nights in Acadia National Park/Bar Harbor area and two nights in Portland/Ogunquit right on the ocean.

Detailed Brochures available at
the Fairview Park Senior Center

AARP Safe-Driver Training

AARP will once again offer a driver training class on **Thursday, May 9,** from 9am to 1pm at the Fairview Park Senior Center. Cost is $15.00 for AARP members and $20.00 for non-members, payable the day of class. Please register in advance by calling 356-4437

Lunch & Learn

Join us on **Wednesday, May 22,** at 11:30am for a special presentation from our friends at Brookdale on "Be Well On Purpose"! We will be given many tips to live a healthy lifestyle and feel great in the process. Sign up at the front desk.

Beltone Audiology

Join us on Thursday, May 30 from 11:00am- to Noon, as Zach Otto, Hearing Care Practitioner from Beltone, will be at the senior center explaining the importance of regular hearing screening. Will be followed by a Q & A session. Please sign up at the front desk.

Regular Programs and Events

BINGO: Will be played at **Noon** Mondays, except the first Monday of the month.

BOOK CLUB: Next meetings will be on Thursday, **May 2 and June 6**, at 1:30pm

BLOOD PRESSURE: Blood Pressures taken by Berkshire Home Health Mondays from 11:00am-Noon.

BRIDGE: Bridge group begins play every Wednesday at 12:30pm

CHORUS – The "Funsters": Practice every Tuesday morning at 10:00am

CRAFTERS: Meet every Tuesday at 10:00am

DISCUSSION GROUP: Meet every Monday at 1:00pm. Always something new to discuss! Join in!

GLUCOSE TESTING (WESTBROOK PLACE): Monday, June 17th from 10:30 – 11:30, blood glucose testing (two hour fast) will be conducted by our friends at Westbrook Place.

MASSAGE BY KAIT: Our very own massage therapist will be here on Monday, May 20 and June 17, offering professional chair massage at no charge. THANK YOU FOR YOUR GENEROSITY KAIT!

MEDICARE COUNSEL: OSHIIP counselors are here the second Friday of the Month to help you choose your supplemental insurance**.** Please call for an appointment.

MIXED MEDIA – ART CLASS: Classes, instructed by Liz Galloway, meet on Wednesdays at 9:30am, Sessions run for 8 weeks. Please check with the front desk for the start date of the next session.

SILVERSNEAKERS: Classic SilverSneaker classes are held Monday at 10:30am. and Wednesday at 12:15pm.

TREASURE SHOPPE: There will be a Treasure Shoppe, Thursday and Friday, June 6 & 7, from 9am - Noon. All funds that are raised from the Treasure Shoppe stay in your Senior Center. YOUR DONATIONS OF ITEMS TO SELL ARE ALWAYS APPRECIATED! (No clothing please)

YOGA: We will take a break from yoga, as our instructor is on leave. Please check the newsletter for further dates.

CONGREGATE MEALS

Lunches are served Mondays at 11:15am and Thursdays & Fridays at Noon. Donation is $1. This program is made possible by the Older Americans Act through a grant from the Ohio Department on Aging and administered by the Western Reserve Area Agency on Aging. Reservations may be made in person at the Senior Center or by calling 440-356-4437. To qualify, you must be 60 or older OR your spouse accompanying you must be 60 or older.

Menus for May and June are available at the front desk of the Senior Center.