



**SCOPE**

January & February 2020 ♦ 20769 Lorain Road ♦ Fairview Park OH 44126 ♦ 440-356-4437

**“Always remember to forget  
The troubles that pass away.  
But never forget to remember  
The blessings that come each day.”**

**Welcome**

*We welcome our New Mayor, Patrick Cooney and a New Year 2020. We look forward to an exciting new phase of our life here in Fairview Park, a great place to grow. Cheers to many more years as one of the best and friendliest Senior Centers, a great place to grow older.*



***The power to make it better.™***

The Fairview Park Senior Center will once again be able to offer tax-preparation assistance through AARP’s Community Service Program. **NOTE:** Due to changes at AARP, they are only able to process half of the number of returns they have done in the past. A photo ID or Social Security Card is required for each person using this service. Also, they are no longer able to visit the homes of shut-ins. A proxy can make an appointment and bring all tax information to the Senior Center on the shut-in’s behalf. Volunteers are IRS-trained and certified and will be available each Tuesday beginning **February 4 through April 7. Please call 440-356-4437 after January 2** to schedule an appointment. You have to bring last year’s tax return with you as AARP is using a new computer system and they are unable to look up your past records. If you do not have last year’s return, we are unable to help you.

## **Fundraisers for OUR Senior Center**

### **Breakfast Bingo**

Join us on **Monday, January 20**, for a great meal and a fun afternoon of BINGO! Your **\$5 donation will get you a breakfast (prepared by Chef Joe) and one bingo card.** Meal served at 11:15am with Bingo beginning at NOON.

### **President’s Day Pizza Party Bingo**

On **Monday, February 17<sup>th</sup>**, we will be having a special Bingo session with pizza, salad & dessert. **Donation is \$5 to include your food and one bingo card.** Lunch served at 11:15am with Bingo starting at Noon.

**You must sign up and pay at the front desk. These two Bingo sessions are for those participating in the fundraiser only. Thank you for supporting YOUR Senior Center!**

## **Trivia**

The Westshore Memory Lane Trivia Challenge is a collaborative program that Westlake, North Olmsted, and Rocky River have been doing the past couple years. This year the Fairview Park Senior Center and North Ridgeville will be joining in the program. People have teams of 1 – 6 (no more than 6 on a team) that compete at the Trivia Challenge. Each team represents their city and names their team (for example Get Smart, Brain Teasers). The Company (Last Call Trivia) runs the entire show. The challenge will be at **1:30 pm** and lasts approximately 2 hours. If you would like to represent our Senior Center, please sign up at the front desk. This year the schedule is as follows:

- Wednesday, April 1<sup>st</sup> @1:30 pm Westlake**
- Tuesday, June 30<sup>th</sup> @ 1:30 pm North Ridgeville**
- Wednesday, August 19<sup>th</sup> @ 1:30 pm Fairview Park**
- Friday, October 23<sup>rd</sup> @ 1:30 pm Rocky River**
- Wednesday, December 2<sup>nd</sup> @ 1:30 pm North Olmsted**

**Please sign up at the front desk, so we can get our team together.**



## AT THE MOVIES

Tuesdays at 1:00 p.m.

DATE	TITLE	STARRING	TYPE
Jan. 7	The Farewell/PG/98 minutes	Awkwafina/Tzi Ma	Comedy
14	The Art of Racing in the Rain/PG/109min.	Milo Ventimiglia/Amanda Seyfried	Drama
21	The Peanut Butter Falcon/PG13/93 min.	Shia LaBeouf / Dakota Johnson	Action
28	Brian Banks/PG13/99 minutes	Aldis Hodge/Greg Kinnear	Drama
Feb. 4	The Lion King/PG/ 110 minutes	Donald Glover/James Earl Jones	Action
11	American Woman/R/111 minutes	Sienna Miller/Christina Hendricks	Drama
18	After the Wedding/PG13/110 minutes	Julianne Moore/Michelle Williams	Drama
27	Judy/PG13/118 minutes	Renee Zellweger/Jessie Buckley	Drama



## Goodtimers Lunch

The Goodtimers meet the **first Monday** of the month at **11:30**. Make your reservations at the front desk.

**Monday, January 6**      **Frankie's Italian Cuisine**      **4641 Great Northern Blvd., North Olmsted**

**Monday, February 3**      **Rocky River Brewing Co.**      **21290 Center Ridge Rd., Rocky River**

## Winter Weather Watch

When the Fairview Park Schools are closed due to weather conditions, we will **not run** the senior buses. The Senior Center **will be open**, but if the weather is too inclement, please be sure it is safe to drive. Congregate meals (Monday, Thursday and Friday lunches) will be cancelled **only** when the Cuyahoga County Offices are closed. If you have any doubts, please call the Senior Center at 440-356-4437 to make sure the Center is open. The Senior Center is equipped with a generator so, if needed during a power outage, we will be a designated warming center.

### One Day Trip

Plan to join the Fairview Park and North Olmsted Senior Centers for a day at the MGM Casino Cleveland on **Friday, January 31**, departure time **8:00am** from Giant Eagle Fairview Park.

**Cost: \$28** with a **\$25 slot play** bonus on arrival.

### Brainercize

Lisa Anthony from Arden Courts will host Brainercize, with a variety of brain-teasing exercises! Next session will be held on **Thursday, January 23**, at 11:00am until Noon. Please register if you would like to attend.



### 2020 TOUR SCHEDULE

**Holland Michigan Springtime Tulip Festival**  
4 days: May 4-7

**Alaska Summertime Tour and Cruise**  
11 days: June 18-28

**Treasures of Montreal and Quebec City by Rail -**  
6 days: September 1-6

**Albuquerque Balloon Fiesta/Grand Canyon National Park/Santa Fe**  
8 days: October 3-10

## Recurring Programs and Events

**Bingo:** We have BINGO on Mondays (except the first Monday of the month) at 12:00noon.

**Blood Pressure:** Berkshire Homecare will take Blood Pressures Mondays at 11:00am till 12:00noon.

**Book Club:** Next meetings will be Thursday, **January 2** and **February 6**, at 1:30pm.

**Bridge Group:** Meets every Wednesday at 10:00am and Bridge group begins play at 12:30pm.

**Chorus:** The “Funsters” Practice every Tuesday morning at 10:00am.

**Discussion Group:** Meets every Monday at 1:00am. Always something new to discuss!

**Knitters, Crafters and Crocheters:** Knitters and Crafters meet every Tuesday at 10:00am. Crocheters meet the 3<sup>rd</sup> Tuesday at 2:00pm.

**Legal Consultation:** Harold Hom, local attorney, offers legal consultations at **no charge** on the last Friday of each month from 9:30-11:30 am. Future dates are **January 31 & February 28**. Appointments will be arranged every 15 minutes until 11:00, with the remainder of the time free for walk-ins. Please make an appointment at the front desk 356-4437.

**Massage by Kait:** Come Mondays, **January 20 and February 17**, at 10:00am to enjoy a chair massage.

**Mixed Media – Art Class:** Classes meet on Wednesdays at 9:30am. Classes run for 8 weeks. Please check with the front desk for start dates of new classes.

**SilverSneakers:** We offer SilverSneakers Mondays at 10:30am & Wednesdays at 12:15pm.

## Lunch and Learns

1. Tom Pussel, Chaplain of **O'Neill Healthcare**, will present “How To Be A Supportive Friend”. Tom works with residents and their families giving them emotional and spiritual support at O'Neill. He is an engaging, dynamic and compassionate speaker. You will be uplifted by his presentation. Please join us on **Wednesday, January 29**, at 11:30am for the presentation. You can call 440-356-4437 or sign up at the front desk.
2. **Parkside Villa** will be here on **Wednesday, February 5**, at 11:30am to host a lunch and learn about How to Choose Skilled Rehab. They will share important information on choosing a facility when needed.



**LongHorn Steakhouse** once again prepared a delicious Thanksgiving dinner at our Senior Center. We say “*thank you*” to Dallas and **our** fabulous volunteers, Rose, Aurora, Marilyn, Pat, and Rose Ann who served over 200 meals. We were able to collect cash donations totaling over \$900.00 to purchase items for Toys for Tots. We thank everyone for being so generous. We could not have done this without all of you.

Thank you to the **Fairview Park Women's Club and the Fairview Park Police Department** for adopting a deserving senior for their holiday gift giving program.

A **huge** thank you to **Mike Surniak of the St. Mary Magdalene European Festival**, the students of Padre Pio High School, for preparing and serving a scrumptious Christmas dinner for over 150 people. Again, we thank our kitchen volunteers for being so helpful at this event. The generosity of your time and hard work is very much appreciated by our seniors and the Senior Center staff!

**Lunches are served Mondays at 11:30am and Thursdays and Fridays at Noon. Donation is \$1. This program is made possible by the Older Americans Act through a grant from the Ohio Department on Aging and administered by the Western Reserve Area Agency on Aging. Reservations may be made by calling 440-356-4437. To qualify, you must be 60 or older OR your spouse accompanying you must be 60 or older.**

## January

	MONDAY / COLD LUNCH		THURSDAY		FRIDAY
		2	Swiss Steak*/Gravy* Carrots* Green Beans W.G. Dinner Roll Tropical Fruit	3	Roasted Turkey Breast*/Gravy* Stuffing* Sweet Potatoes* Spinach*/Lemon Juice W.G. Wheat/Banana
6	FIRST MONDAY SENIOR CENTER CLOSED	9	Beef Meatloaf*w/ Glaze* Baked Beans* Harvard Beets* Whole Grain Roll Fresh Grapes	10	2 Stuffed Shells*w/Sauce* Spinach/Lemon Juice California Blend W.G. Garlic Toast Sliced Pears
13	Turkey on Whole Grain Rye Bread Mayonnaise Cole Slaw Orange Juice Mixed Fruit	16	Chicken Cordon Bleu* Mashed Potatoes* Harvard Beets* Whole Grain Wheat/Orange Whole Grain Vanilla Wafers	17	Roasted Turkey Breast*/Gravy* Stuffing* Butternut Squash* Mixed Vegetables W.G. White/Banana
20	<b>MLK Day – No WRAAA lunch</b> <b>BREAKFAST BINGO: \$5</b> Scrambled Eggs Sausage Hash Browns and Bagel	23	Beef Sloppy Joe* Seasoned Wedge Potatoes Ketchup/Orange Harvard Beets* Whole Grain Bun	24	Chicken Breast Stuffed w/Broccoli Green Beans /Red Cabbage* 2 Whole Grain White Mixed Fruit
27	Tuna Salad /2 Whole Grain Wheat Three Bean Salad Pineapple Chunks Cereal Bar	30	Roasted Pork Loin* Sweet Potatoes* Brussel Sprouts Whole Grain Dinner Roll Chunky Applesauce	31	Cheese Ravioli* Zucchini* Cauliflower* Whole Grain Breadsticks Mandarin Oranges

### February menu not available at time of printing

#### Do you need a Residential Lock Box? Please see information below:

The Fire Dept. will install the lockbox, which is 2" wide by 4" long. It is bolted right into the top of the door jam of your front, side or back door. Inside the box is your house key and emergency information. If you would need emergency assistance by either police, fire or medical squad and are unable to answer the door yourself, there is a master key held that will unlock the lockbox and allow them to obtain the key to your door, along with your emergency information. This will allow them to enter your home without the need to break a window or force the door open, This will allow for faster response time to come to your aid. .

The cost of the Lockbox is a one time charge of \$25.00, a small price to pay for the peace of mind that this service will bring to you and your loved ones. The information on the form in the lockbox will include your emergency contacts will also list your doctor, medical conditions, medications being taken, allergies, your hospital preference and information on your pets, if applicable.

For more information on the Lockbox Program, please call the Senior Life Office at 440-356-4437. The lockboxes are purchased through the Fairview Park Senior Center. The Center will then forward your information to the Fire Department, who will call you to arrange installation of the unit.